

We have chosen to fast,
Not only with ashes but with actions,
Not with sackcloth but in sharing,
Not in thoughts but in deeds.
Let the ashes speak of our commitment.
We will give up our abundance,
To share our food with the hungry.
We will give up our comfort,
To provide homes for the destitute.
We will give up our fashions,
To see the naked clothed.
We will share where others hoard,
We will free where others oppress.
We will heal where others harm.
Let the ashes speak of our commitment.
Then God's light will break out on us,
God's healing will quickly appear.
God will guide us always,
We will be like well watered gardens,
Repairers of broken walls,
Builders of sustainable cities.
Let the ashes speak of our commitment
To God's ways and God's purposes.
A new world coming,
Where we will feast together,
at God's banquet table.

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